

THE ART OF COACHING VOLLEYBALL
CONTRIBUTOR CHECKLIST

NEW CONTENT

- Before filming, submit content ideas to info@TheArtofCoachingVolleyball.com for approval (this is to avoid creating something that is currently on the site)

QUALITY CAMERA

- HD capabilities
- Use stationary tripod
- Include full zoomed-out view of drill (don't cut off parts of court/players)
- Look at the big picture (clean up garbage, no background distractions, etc.)

QUALITY SOUND

- Wireless Microphone
 - No wireless microphone? Make sure the gym is quiet and the speaker presents directly in front of the camera, less than 10ft away for all talking parts of the video.

QUALITY PRODUCTION

- DRILL
 - INTRO
 - Give overview of the drill under 30 seconds
 - What is the purpose of the drill
 - How many players are involved
 - What level are the players
 - What are the rules
 - DEMO
 - Show enough of the drill so that even a beginning coach can understand
 - CLOSING
 - Give summary of the drill in less than 30 seconds
 - Clarify any tricky parts of the drill to avoid any confusions
 - Identify when during the season one might use the drill
 - Elaborate on variations one could add for different levels
 - LENGTH
 - Keep videos under 3 minutes
- NOT A DRILL?
 - When idea is submitted, a custom production checklist will be discussed

SHARABLE CLOUD STORAGE

- If your video is too large to send through email, please send it to us using one of the following file share programs:
 - Dropbox
 - Amazon S3
 - Windows Live
 - YouSendIt